

HEALTH PROTOCOLS FOR STUDENTS, FACULTY AND STAFF

(as of July 31, 2023)

1. SELF-ASSESSMENT

- Before leaving home for school, check if you have fever (37.5 C and above) and acute respiratory symptoms.

2. CONSULTATION

- If you have fever and acute respiratory symptoms, please do not come to campus and consult first with your corresponding Health Services Department/Section or your outside health care provider.

You can email Health Services at:

Manila: manilahs@ceu.edu.ph

Makati: makatihs@ceu.edu.ph

Malolos: maloloshs@ceu.edu.ph

- If you consulted with an outside health care provider, please secure medical certificate to be submitted to the Health Services.

3. ENTRY PROTOCOL

A. Masking

- For your safety, you are advised to wear a face mask on campus, especially the following:
 - ✓ Unvaccinated or partially vaccinated
 - ✓ Senior citizens
 - ✓ Those with comorbidities
 - ✓ Symptomatic
 - ✓ Health care workers/students handling patients
 - ✓ Immunocompromised
 - ✓ Pregnant

B. Temperature checking

- Check your temperature at the entrance gate.
- Those with temperature 37.5 C and above shall proceed to the Health Services for consultation.

4. OBSERVE MINIMUM PUBLIC HEALTH STANDARDS (MPHS)

A. Respiratory etiquette

- Turn your head away from others and cover your mouth and nose with a tissue when coughing and sneezing.

- If you don't have tissue, cough or sneeze into your upper sleeve or elbow, not your hands.
- Dispose used tissues properly.
- Wash your hands or use alcohol or hand sanitizer every time you touch your mouth or nose.

B. Personal hygiene

- Thoroughly clean your hands with either soap and water, alcohol or alcohol-based hand sanitizer regularly, especially after coughing or sneezing.
- You are encouraged to bring your personal hygiene kit .

C. Safe distancing

- Observe safe distancing from each other in offices and common areas.

A. TREATMENT

- Follow isolation guidelines and medical management from your physician.
- Updated Quarantine and Isolation Protocols (DOH No. 2023-0324, July 23, 2023)

	Masking / Quarantine / Isolation Protocols
Asymptomatic close contact exposed to confirmed COVID-19 positive individual	<ul style="list-style-type: none"> • No need to quarantine; and • Wear a well-fitted face mask for 10 days.
Asymptomatic but confirmed COVID-19 positive case	<ul style="list-style-type: none"> • Home isolation for 5 days OR until afebrile/ fever-free for at least 24 hours without using antipyretics (e.g., Paracetamol) and with improvement of respiratory symptoms, whichever is earlier; and • Wear a well-fitted face mask for 10 days. <p>Note: Isolation may be shortened upon the advice of healthcare provider.</p>
Confirmed COVID-19 positive case with mild symptoms OR individuals with acute respiratory symptoms	

<p>Confirmed COVID-19 positive case with moderate to severe symptoms, OR immunocompromised</p>	<ul style="list-style-type: none"> Isolation for at least 10 days from onset of signs and symptoms following advice of the attending physician, including whether to be admitted in a health care facility; and Wear a well-fitted face mask for 10 days. <p>Note: For severe disease and immunocompromised, discontinue isolation only upon the advice of healthcare provider.</p>
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